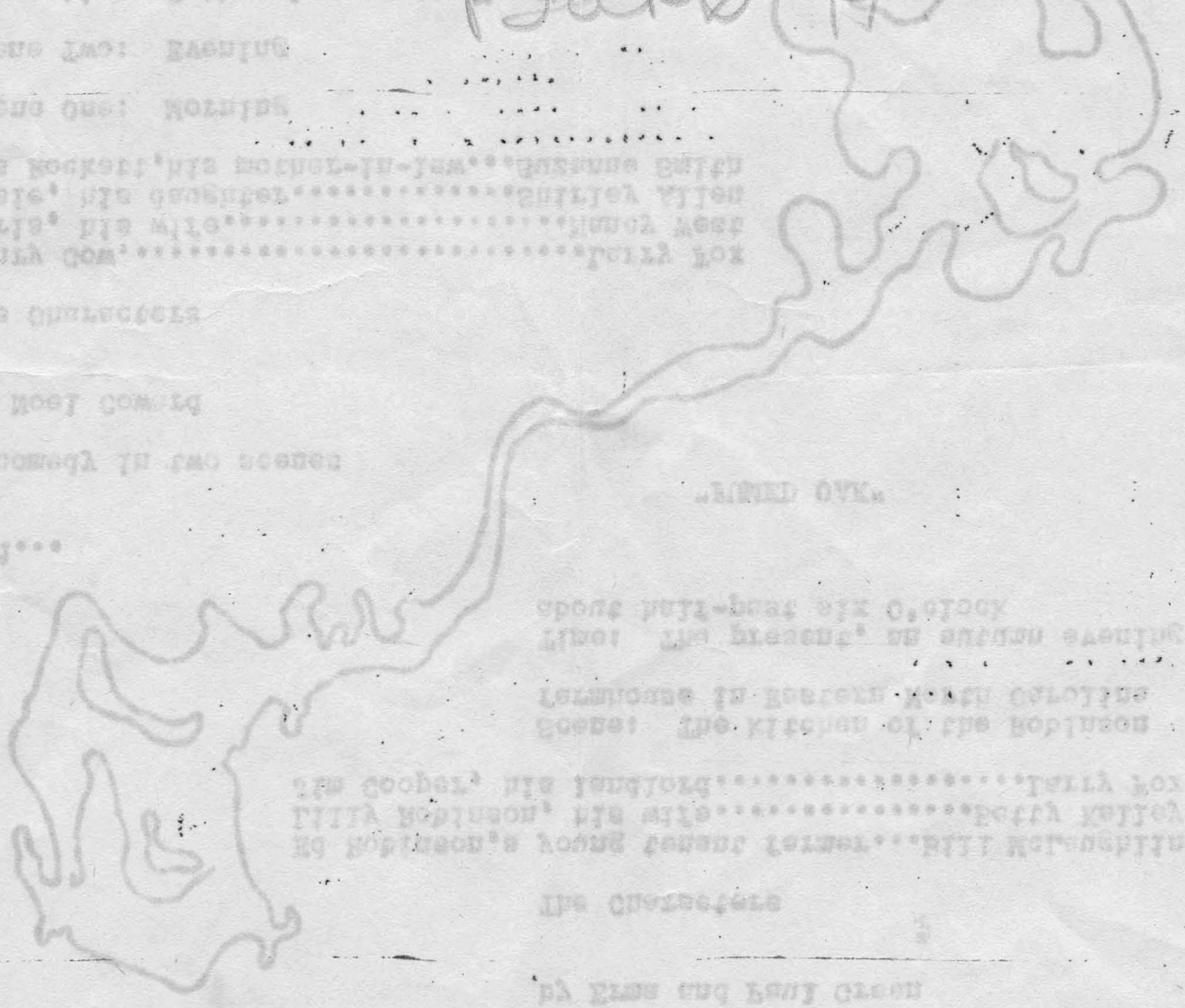1st on the iron
after breakfast
Bank A